

Healthcare/Medical Resources:

<i>Resource/Organization:</i>	National Alliance for Hispanic Health
<i>Phone:</i>	(202) 387-5000 (866) 783-2645
<i>URL:</i>	http://www.hispanichealth.org/
<i>Description:</i>	The National Alliance for Hispanic Health provides an excellent jumping point for finding direct care, access to news and advocacy issues, publications and many other resources. They also host the National Family Hispanic Health Helpline, which gives bilingual health information and local referrals.
<i>Language(s):</i>	English, some fact sheets and services in Spanish
<i>Audiences:</i>	Service Providers, General
<i>Resource/Organization:</i>	Insure Kids Now!
<i>Phone:</i>	(877) 543-7669
<i>URL:</i>	http://www.insurekidsnow.gov/index.htm http://www.insurekidsnow.gov/espanol/index.htm
<i>Description:</i>	Either visit online or call the toll-free number to locate each state-administered, government health program for children. Each plan is either free or low-cost, depending upon parent resources.
<i>Language(s):</i>	English, Spanish
<i>Audiences:</i>	Immigrants, Service Providers, General
<i>Resource/Organization:</i>	Medicare
<i>Phone:</i>	(800) 633-4227
<i>URL:</i>	http://www.medicare.gov/ http://www.medicare.gov/Spanish/Overview.asp
<i>Description:</i>	The site covers such topics as Medicare plans, billing, appeals, prescription plans, etc. You may also locate local resources either online or by calling the toll-free number.
<i>Language(s):</i>	English, Spanish overview
<i>Audiences:</i>	Service providers, General
<i>Resource/Organization:</i>	Medicaid
<i>Phone:</i>	(877) 267-2323
<i>URL:</i>	http://www.cms.hhs.gov/home/medicaid.asp
<i>Description:</i>	The Medicaid site is quite descriptive and comprehensive, though all in English. The toll-free number also provides information in English.
<i>Language(s):</i>	English
<i>Audiences:</i>	Service Providers
<i>Resource/Organization:</i>	Centers for Disease Control and Prevention (CDC)
<i>Phone:</i>	(888) 246-2857
<i>URL:</i>	http://www.cdc.gov/

Description:	http://www.cdc.gov/spanish/ The CDC provides a mirror site in Spanish that furnishes very thorough information on medical and health topics, as well as the programs and campaigns that they sponsor.
Language(s):	English, Spanish
Audiences:	General, Service Providers
Resource/Organization:	The National Women's Health Information Center
Phone:	(800) 994-9662
URL:	http://www.womenshealth.gov/ http://www.womenshealth.gov/spanish/
Description:	This site seeks to meet women's medical needs and concerns via information, publications, tools, and a toll-free line.
Language(s):	English, Spanish
Audiences:	Women, General
Resource/Organization:	Partnership for Prescription Assistance
Phone:	(888) 477-2669
URL:	https://www.pparx.org/Intro.php https://espanol.pparx.org/Intro.php
Description:	Many drug companies do offer prescription assistance, but these resources were largely unknown and the application process sometimes complicated. The PPRX site/service acts as a clearinghouse of bilingual information on all available programs. They even send patients the appropriate applications and instructions for free.
Language(s):	English, Spanish
Audiences:	Patients, Service Providers, General
Resource/Organization:	Medline Plus
URL:	http://medlineplus.gov/ http://medlineplus.gov/spanish/
Description:	The U.S. National Library of Medicine and the National Institutes of Health team up to bring you this online resource. It features information on many health topics, drugs and supplements, a medical encyclopedia and dictionary, news, and access to other resources.
Language(s):	English, Spanish
Audiences:	Patients, General
Resource/Organization:	New York Online Access to Health (NOAH)
URL:	http://www.noah-health.org/
Description:	NOAH began with a government grant, and continues to work towards its goal to provide accurate, completely bilingual health information to consumers. Visitors may browse the topics by topic, alphabetically, or via a (bilingual) search engine.

Language(s): English, Spanish
Audiences: Patients, General

Resource/Organization: Agency for Healthcare Research and Quality (AHRQ)
Phone: (301) 427-1364
URL: <http://www.ahrq.gov/>
<http://www.ahrq.gov/consumer/espanoix.htm>
Description: The AHRQ offers multiple informational sheets in both English and Spanish, on many health topics including how to make the most of your relationship with health care professionals.

Language(s): English, Spanish
Audiences: Patients, General

Resource/Organization: FamilyDoctor.org
URL: <http://www.aafp.org/>
<http://familydoctor.org/spanish.xml?element=healthtopic>
Description: The American Family of Family Physicians sponsors this site, which focuses on family health needs. An alphabetical listing of topics is provided in Spanish.

Language(s): English, Spanish
Audiences: Patients, General, Service Providers

Resource/Organization: OHSU/Hood River Community Health Outreach Project
Phone: (503) 494-8311
URL: <http://www.ohsu.edu/library/hoodriver/>
Description: Begun in Oregon, this project stretches beyond its original boundaries, to bring low literacy health resources to English and Spanish speakers both. Includes a nice list of other resources for rural, migrant, or minority health.

Language(s): English, Spanish
Audiences: Patients, Service Providers, General

Resource/Organization: National Center for Farmworker Health: Patient Education Materials
Phone: (800) 531-5120
URL: http://www.ncfh.org/00_ns_rc_pateduc.php
Description: The NCFH supplies bilingual materials that cover a range of topics, from worker injuries to illness and mental health. Illustrations supplement in cases of little or no literacy skills.

Language(s): English, Spanish
Audiences: Patient, Service Providers, General

Resource/Organization: U.S. Food and Drug Administration: Easy to Read Publications
URL: <http://www.fda.gov/opacom/lowlit/7lowlit.html>

Description: The U.S.D.A. strives to meet the needs of patients with low literacy, providing easy-to-read English and Spanish brochures. May be printed directly off site, or interested persons may write for free copies.

Language(s): English, Spanish

Audiences: Patient, Service Providers, General

Resource/Organization: Health Care/HMO Publications

URL: <http://www.consumer-action.org/English/library/health/index.php>
<http://www.consumer-action.org/Spanish/library/health/index.php>

Description: Consumer @ction, a non-profit organization based in San Francisco, CA, furnishes publications on health care and HMO topics such as: medical records, privacy, choosing and getting the most out of an HMO, etc. Some printable publications come with illustrations, and there are also online Power Point presentations for some.

Language(s): English, Spanish, Chinese, Korean, Vietnamese

Audiences: Consumers, Service Providers, General

Resource/Organization: Mi Peditra

URL: <http://www.mipediatra.com.mx/inicio.htm>
<http://www.mipediatra.medem.com/>

Description: This Spanish site is intended specifically for families with children. It supplies a lengthy list of online patient education resources.

Language(s): Spanish, English

Audiences: Families with Children, General

Resource/Organization: American Academy of Child and Adolescent Psychiatry: Facts for Families

URL: <http://www.aacap.org/publications/factsfam/index.htm>
<http://www.aacap.org/publications/apntsFam/index.htm>

Description: From these pages, access either English or Spanish fact and information sheets on a variety of mental health topics geared towards children/adolescents.

Language(s): English, Spanish

Audiences: Patients, General, Service Providers

Resource/Organization: Planned Parenthood

Phone: (800) 230-7526

URL: <http://www.plannedparenthood.org/>

Description: On the drop down menu, go to "Health Info," and this will open up a menu choice for Spanish resources and materials. Visitors may also use the toll-free number to ask questions and schedule an appointment with their local clinic.

Language(s): English, Spanish

Audiences: Patients, Service Providers, General

Resource/Organization: National Cancer Institute
Phone: (800) 422-6237
URL: <http://www.cancer.gov/>
<http://www.cancer.gov/espanol>

Description: Cancer patients, or service providers, will find bilingual information on treatment, clinical trials, and other general topics. A toll-free number provides additional support.

Language(s):

Audiences:

Resource/Organization: National Institute of Diabetes & Digestive & Kidney Diseases

URL: <http://www.niddk.nih.gov/>

<http://www.niddk.nih.gov/health/spanish.htm>

Description:

The NIDDK furnishes Spanish publications on these topics: diabetes, digestive diseases, kidney diseases, urologic diseases and weight control and physical activity.

Language(s):

English, Spanish

Audiences:

Patients, Service Providers, General

General Resources:

Resource/Organization:

U.S. Commission on Civil Rights

Phone:

(202) 376-7700 National Headquarters

800-552-6843 Complaint Referral Service

URL:

<http://www.usccr.gov/index.html>

<http://www.usccr.gov/spanish/spanish.htm>

Description:

Investigates civil rights complaints, and distributes information on law and policies.

Language(s):

English, Spanish

Audiences:

Service Providers, General

Resource/Organization:

American Civil Liberties Union (ACLU): Immigrants' Rights

Phone:

Multiple local chapters

URL:

<http://www.aclu.org/immigrants/>

<http://www.aclu.org/immigrants/espanol/index.html>

Description:

ACLU provides a page on immigrants' rights in both English and Spanish.

Language(s):

English, Spanish

Audiences:

General, Service Provider

Resource/Organization:

National Immigration Law Center

Phone:

(213) 639-3900

URL:

<http://www.nilc.org/>

Description:	The NILC provides an excellent set of tools and resources for service providers and advocates, with tools organized into: immigration, employment issues, public benefits, obtaining a driver's license, the Dream Act, etc. There are also online publications, important legal updates, and an e-newsletter to keep you informed.
Language(s):	English
Audiences:	Service Providers, Advocates, General
Resource/Organization:	American Friends Service Committee (AFSC)
Phone:	(215) 241-7000 National, multiple chapters
URL:	http://www.afsc.org/
Description:	AFSC locations can be found all across the U.S., as well as throughout the world. The site gives ready access to important news, sections on topics such as immigrant rights and economic justice, and access to all local programs.
Language(s):	English site, some Spanish services
Audiences:	Service Providers, Advocates, General
Resource/Organization:	Immigrant Rights Network of Iowa and Nebraska (IRNIN)
Phone:	(402) 689-4249 Nebraska (515) 237-5020
URL:	http://www.irnin.org/
Description:	IRNIN works directly with Iowan and Nebraskan immigrants, but also provides useful, bilingual news and documents on their Web site.
Language(s):	English, some documents in Spanish
Audiences:	Service Providers, Immigrants, Advocates
Resource/Organization:	Consumer Action Website: Federal Citizen Information Center
Phone:	(800) FED-INFO (888) 878-3256 (Spanish publications)
URL:	http://www.consumeraction.gov/
Description:	This online, federal resource gives many tools and detailed information for consumers, in a wide variety of areas: housing, employment, education, health, etc.
Language(s):	Site in English and Spanish
Audiences:	General, Service Providers
Resource/Organization:	Consumer @ction
URL:	http://www.consumer-action.org/English/index.php http://www.consumer-action.org/Spanish/index.php
Description:	Founded in San Francisco, this non-profit now supports consumers nationwide, with information and resources

Language(s):	on multiple topics, such as: housing, employment, transportation, immigration, health, etc. English, Spanish, Chinese, Korean, Russian, Vietnamese
Audiences:	Consumers, General
Resource/Organization:	League of United Latin American Citizens
Phone:	(202) 833-6130
URL:	http://www.lulac.org/
Description:	LULAC works for rights in employment, health, education and civil rights.
Language(s):	English, some resources in Spanish
Audiences:	Service Providers, General
Resource/Organization:	National Council of La Raza
Phone:	(202) 785-1670, and multiple local chapters
URL:	http://www.nclr.org/
Description:	NCLR works through both advocacy and local supports to “improve opportunities for Hispanic Americans.” Includes work in the areas of education, assets/investments, civil rights, employment and health.
Language(s):	English, some documents in Spanish
Audiences:	Service Providers, General
Resource/Organization:	National Immigration Forum
Phone:	(202) 347-0040
URL:	http://www.immigrationforum.org/
Description:	As well as breaking immigration news, the National Immigration Forum works through advocacy and public education to uphold the belief that “immigrants are America.” A helpful “community resources” section provides useful tools.
Language(s):	Mostly English, some tools/resources in multiple languages
Audiences:	Service Providers, General
Resource/Organization:	Mexican American Legal Defense and Educational Fund (MALDEF)
Phone:	Multiple regional offices
URL:	http://www.maldef.org/index.cfm
Description:	MALDEF focuses on the areas of employment, immigration, education, political access, language, and equity. It provides tools, resources, leadership programs, etc.
Language(s):	English, some resources in Spanish
Audiences:	Service Providers, General
Resource/Organization:	National Network for Immigrant and Refugee Rights

Phone: 510-465-1984, and multiple local chapters
URL: <http://www.nnirr.org/>
Description: The NNIRR furnishes advocacy and immigration support, both online and through multiple local chapters.

Language(s): English
Audiences: Service Providers, General

Resource/Organization: American Immigration Lawyers Association
Phone: (202) 216-2400
(800) 954-0254 Attorney Referral Service
URL: <http://www.aila.org/>
<http://www.aila.org/content/default.aspx?bc=9904>
Description: AILA is useful to more than just attorneys: it provides news and updates on recent cases, access to advocacy, publications and other resources. Also features a toll-free lawyer referral service.

Language(s): English, some Spanish
Audiences: Service Providers, General

Resource/Organization: Resource Center of the Americas
Phone: (612) 276-0788
URL: <http://www.americas.org/>
Description: Resource Center of the Americas supplies news, advocacy efforts, and other information. An online bookstore provides access to hundreds of resources for bilingual and/or Spanish books and other materials.

Language(s): English, Spanish
Audiences: Service Providers, General

Resource/Organization: Immigration Law Portal
Phone: (212) 545-0869 (fax)
URL: <http://www.ilw.com/>
<http://www.ilw.com/forms/>
Description: Though primarily intended for law professionals, this resource gives ready access to immigration law forms, information, news and other tools.

Language(s): English, Spanish, Chinese, Korean, Russian, Vietnamese
Audiences: Immigration law professionals, Service Providers, General